

LIFESPAN CONNECTIONS

Mrs. Christianson
kylie.christianson@k12.sd.us

Welcome to Lifespan Connections! My name is Kylie Christianson, and this is my 5th year teaching Family & Consumer Sciences. I graduated from North Dakota State University in 2017 with a Bachelor's Degree in Family & Consumer Sciences Education. I live in SE North Dakota, but I am very excited to be teaching for South Dakota. I only live 20 miles from the border in a tiny town with a population of 25. My husband, Caleb, and I have two daughters and a chocolate lab. We farm and ranch, so that takes up most of our time. ☺ Below is information about the course, but please feel free to contact me throughout the year with any questions you have.

Course Description: Relationships Across the Lifespan examines the function and dynamics of interpersonal relationships. Through this course, students will analyze healthy relationships with children and adults of all ages in the context of family and workplace. The course will also cover factors related to families across the lifespan.

Units:

1. Interpersonal Relationships (Book Study: 4 Essential Keys to Effective Communication)
2. Adoption, Foster Care, Step Families
3. Relationships with Children
4. Parenting Styles
5. Effects of Lifestyle Choices
6. Unhealthy Relationships
7. Volunteering with Seniors
8. Personal and Work Ethics
9. Career Investigation

Student Expectations:

1. To successfully complete this course, you need to be working during your class time. Your facilitator will handle any discipline issues according to your school's discipline policy.
2. All assignment and projects must contain content that is appropriate for the classroom.

Assignments & Projects:

1. I have given a set of directions and a rubric for each project. If you are confused by the directions, please email me.
2. You will have time to work on your assignments each day during your class period. Please use your time wisely every day so that you don't fall behind. If you work on it every day, you will finish in a timely manner.
3. You must do your own classwork. It is also important to remember that using other people's ideas, works, pictures, or any other content is illegal.
4. You should hand in work by submitting it through Google Classroom.
5. If you miss class for any reason, please allow extra time to work on this course. You'll need to get caught up right away.
6. ALWAYS check directions and rubrics for assignments and projects before handing them in so that they are complete and you receive all of the points you deserve.
7. Remember: YOU are responsible for your learning in online classes more than in any other classroom situation!

Materials: There is no textbook for this class, but there is a reading book for our first unit. The book is called "4 Essential Keys to Effective Communication." This book will be provided by DIAL and sent to your facilitator.

This class will be based on the resources provided and also on your own research. I try to always give you examples of resources you can use for each project. If you find your own resources, please make sure they are credible!

Grades: Grades are based on the maximum number of points possible. I will provide a percentage score for your work (points you earn/points possible). The percentage that you earn determines your course grade based on the grading scale used at your school.

Turning Work In: ALL Assignments must be turned in on time. If work will be late, please communicate that with me. I am more understanding if you communicate, rather than ask for forgiveness later.

Standards:

Analyze functions and dynamics of interpersonal relationships.

1. Demonstrate communication skills that contribute to positive relationships.
2. Identify effective conflict prevention and management strategies.
3. Investigate the diversity of family roles and structures.
4. Recognize the influence that internal and external conditions have on interpersonal relationships.

Analyze healthy relationships with children.

1. Assess conditions that impact relationships with children such as culture, society, and technology.
2. Examine roles and responsibilities of families including discipline, parenting styles, and nurturing strategies.

Analyze healthy relationships with adults of all ages.

1. Discuss the effect of lifestyle choices.
2. Contrast healthy and unhealthy relationships.
3. Investigate the impact of aging in family and community relationships.

Communication:

Please use the following resources to help monitor progress.

- The gradebook is the best way to know your current grade.
- Email is the best way to get ahold of me: kylie.christianson@k12.sd.us
- If needed, we can meet face-to-face via Google Meet.

Because this course is online, it is important for you to ask questions whenever you need to. If your question has to do with your grade or your progress in this course, you should email me. If your question is about how to do an assignment, please ask the entire class by using the discussion board.

I am interested in hearing your comments and questions and helping you to learn the course material. If you feel frustrated with the course or just need to ask a few questions, please email me.